

Sermon series: Worth the Wait
Text: Psalm 37:1-7
Delivered: November 21st, 2021

The Process of Waiting

Big Question: How do we wait well?

Fight the _____ . (vs. 1-2)

- See the hidden belief of fretting.
- See the corrosive effect of fretting.

Shift the _____ of your _____ . (vs. 3,5)

- We continually roll the burdens of our waiting in God's hands.
- We continually entrust God with our desires.

Focus on the _____ . (vs. 3,6)

- Look for the good God is calling you to do.
- Look for the goodness of God to you.

Dare to _____ in God. (vs. 4)

- Interrogate your desires.
- Indulge in the One who Satisfies.

Wait _____ for God. (vs. 7)

- See that God is God.
- See that the story isn't over yet.

Big Idea: Shift your attention from _____ you're waiting for to _____ you're waiting on.

- What are some instant reactions you have to waiting in your own life? How do you tend to view waiting for something? Why?
- How have you seen the temptation to fret and envy the lives or circumstances of other people pop up in your own life? What are some ways you're able to fight back when this happens?



- The Bible tells us to “cast our cares on God” and to “pray without ceasing” (see 1 Peter 5:7; 1 Thessalonians). What does it look like in your own life to do this? What are some of the reasons that keep you from rolling your burdens onto God more quickly or frequently?
- Think of one area in your life that you are currently waiting in. What good might God be calling you to do while you wait in this area?
- What’s something you currently desire for your life? What does it look like for you to delight in God even while this desire goes unmet?
- Read the rest of Psalm 37. Write down all the ways God promises to act for the righteous (his people). How can these promises help sustain in the midst of waiting?
- Are there stories in your own life that in midst of waiting you were confused and frustrated but now as you look back you can see more clearly what God was doing? Share those stories together as a way to encourage each other in current areas of waiting.